

MEN'S APPAREL SIZING

CHEST	Measure under the arms at the fullest point of the bust
WAIST	Measure around your natural waist, narrowest point
SEAT	Measure around the fullest part of your hips while standing
INSEAM	Measure the inside of your leg from the top of your inner thigh down to the floor

	CHEST	WAIST	SEAT
XS	33-35	27-29	32-34
S	35-38	29-31	34-37
M	38-41	31-34	37-40
L	41-44	34-37	40-43
XL	44-48	37-41	43-46
XXL	48-53	41-46	46-50
XXXL	53-57	46-50	50-54

WOMEN'S APPAREL SIZING

CHEST	Measure under the arms at the fullest point of the bust
WAIST	Measure around your natural waist, narrowest point
SEAT	Measure around the fullest part of your hips while standing
INSEAM	Measure the inside of your leg from the top of your inner thigh down to the floor

	CHEST	WAIST	HIP
XS (0-2)	30-32	24-26	33-35
S (4-6)	32-35	26-28	35-38
M (8-10)	35-37	28-31	38-40
L (12-14)	37-40	31-34	40-43
XL (16-18)	40-44	34-38	43-47
XXL (20-22)	44-47	38-42	47-50